

## News & Events

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### ANNUAL CATHEDRAL PILGRIMAGE

SATURDAY 8 SEPTEMBER

Our annual Cathedral Pilgrimage with our friends from St Luke, Ilford and St Gabriel, Aldersbrook this year is to Bury St Edmunds Cathedral on Saturday 8 September. St Margaret's allocation of coach seats has been filled but Norma Toolsie is collecting names for a reserve list if extra seats become available.

### DAC VISIT TO ST MARGARET'S

The Diocesan Advisory Committee recently came to visit St Margaret's as part of a tour of four churches in east London. They were suitably impressed! Comments posted on Twitter included:

*A church of arches, light, simplicity, space and grace tinged with the warmth of a genuine welcome in warm colour scheme and holy water extended like a hand toward any who enter.*

*Glass doors enable all to look in and glimpse the building's purpose.*

### CHURCH CLEANING

SATURDAY 4 AUGUST

Every two months we spend a morning cleaning the church - dusting, polishing, mopping etc. to keep the church in good order and worthy of the worship of God! Please consider if you can spare a little time to help, from 10.00am. Alas, the cleaning doesn't do itself - we need **your** help!

### WEEKLY NEWS SHEET

You can read the WNS each week on the parish web site if you have missed a Sunday at church: [stmargaretilford.org.uk](http://stmargaretilford.org.uk)

### MONTHLY QUIET PRAYER

WEDNESDAY 1 AUGUST

Our monthly time of 30 minutes of silent prayer is on Wednesday this week at 7.00pm, concluding with Night Prayer (Compline) - a short act of worship for the end of the day, at 7.30pm

### RETREAT TO MIRFIELD

St Mary's, Ilford are planning a parish Retreat at the Community of the Resurrection, Mirfield (Yorkshire), 27-31 May 2019, and invite people from other parishes to join them. The cost will be around £400 for the coach journey, full board and a day trip to York to visit the Minster. It will be a fairly relaxed retreat with people doing as they choose, rather than anything that is guided in a particular way, though there is the natural daily round of the Community and College to participate in. If you are interested in going or would like to know more please contact Fr Gareth: [garethjones@thecofe.org](mailto:garethjones@thecofe.org) or 020 8478 0546

### PATRONAL FESTIVAL PHOTO

Thanks to Peter Haler for taking our annual congregational photograph on our Patronal Festival Sunday. This year's photo is on the notice board at the west end of the church.

Peter is planning to 'refresh' some of the photos of members of the congregation on the board at the west end of the church. Please smile and co-operate if Peter asks to take your photo!

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**Please take the Weekly News Sheet home with you for reference and to use for your prayers**

## St Margaret of Antioch, Ilford

Welcoming, transforming and growing together in God's love

### Weekly News Sheet

Sunday 29 July 2018

Seventeenth Sunday in Ordinary Time

## Worship & Intercessions

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### THIS MORNING

**Welcome Team:** John Nouchin and Ray Wood

**Setting:** *Mass of St Thomas* David Thorne

**Readers:** Emile Foster and Norma Toolsie

**Intercessions** led by Glen Thomas

**Eucharistic Ministers:** Jenny Bowen and Stephen Romaniuk

### THIS WEEK

**The Eucharist**

10.30am Thursday

### NEXT SUNDAY

**EIGHTEENTH SUNDAY**

**IN ORDINARY TIME**

**10.30am Sung Eucharist**

### WE PRAY THIS WEEK FOR:

**The sick and those in need:**

Derek Brind, Dave Ellett, Marjorie Tarran, Reema, Roy Young, Janet Potter, Jane Surtees, Grace Martin, Ann Fox, Christobel Trumpet, Janet Edwards, Monica Martin, Joergen Nielsen, Avril Sangowawa

**The recently departed,** including, Anne Macintosh, Arthur Leggatt, Jacky Norcott, Joyce Mitchell

**Those whose anniversaries of death fall this week:**

31<sup>st</sup>: Dorothy Finley

1<sup>st</sup>: Herbert May, Winifred Jones

2<sup>nd</sup>: Roland Hill, Wilfrid Lafreniere, Frank Johnson

3<sup>rd</sup>: Elsie Williams, Edward Peters

4<sup>th</sup>: Bertram Smith

## Welcome to St Margaret's Church

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We hope you enjoy worshipping with us. If you are here for the first time please or visiting from another church, please introduce yourself. If you would like more information about anything to do with St Margaret's please contact us.

### PARISH PRIEST AND CHURCHWARDENS



Fr Stephen Pugh  
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Gladstone Rajakulendran  
Churchwarden  
07449459818



Charles Acolatse  
Churchwarden  
020 8220 8310

## Collect

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

## First Reading: 2 Kings 4: 42-44

A man came bringing food from the first fruits to Elisha, the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.' But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the LORD, "They shall eat and have some left."' He set it before them, they ate, and had some left, according to the word of the LORD.

## Psalm 145

**R: You open wide your hand, O Lord,  
you grant our desires**

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **R**

The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **R**

The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
call on him from their hearts. **R**

## Second Reading: Ephesians 3: 14-21

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

## Gospel Acclamation

**Alleluia .....**

Your words are spirit, Lord, and they are life:  
you have the message of eternal life.

**Alleluia .....**

## Gospel: St John 6: 1-21

## Prayer over the Gifts

We bring to your table, O God,  
what your bountiful goodness has given us.  
By this sacrament, make holy our life on earth  
and bring us to the joy of life eternal.  
We ask this through Jesus Christ our Lord.  
**Amen.**

## Post Communion Prayer

God of our pilgrimage,  
you have willed that the gate of mercy  
should stand open for those who trust in you:  
look upon us with your favour  
that we who follow the path of your will  
may never wander from the way of life;  
through Jesus Christ our Lord.

**Amen.**

On Sundays we hold an assembly of all our members, whether they live in the city or in the outlying districts. The memoirs of the apostles or the writings of the prophets are read, as long as time permits. When the reader has finished, the president of the assembly speaks to us urging everyone to imitate the examples of virtue we have heard in the readings. Then we all stand up together and pray. When we have finished praying, bread and wine are brought forward. The president offers prayers and gives thanks as well as possible, and the people give their assent by saying 'Amen'. Then follows the distribution of the food over which the prayer of thanksgiving has been recited; everyone present receives some, and the deacons take some to those who are absent. The wealthy, if they wish, may make a contribution - they themselves decide the amount. The collection is placed in the custody of the president, who uses it to help the orphans and widows and all who for any reason are in distress, whether because they are sick, in prison, or away from home.

*Justin Martyr (c100 - 165)*

*(A detailed description of early Christian worship to show unbelievers that Christianity was not subversive)*